



CHARTWELL

COUNTRY ESTATES

MARCH 2020 NEWSLETTER

Enjoy the Quiet

So the world is in 'Lock Down'. I am sure not many of us, in our wildest dreams could ever have imagined this scenario, but here we all are. Some very scary messages, voice notes and predictions, some very funny ones too. Considering the current state of our government hospitals, the mind just boggles at the thought of where we may land up.

Whilst we are all faced with uncharted territory, for me, there is some comfort and some terror in knowing that the future is largely out of our hands. For us as a community, now locked down, it is what it is, we either have the virus or we hopefully don't. If you or a loved one has the virus, it is going to be a time of taking care of one another, loving, medicating and doing everything you can to get back to full health, whilst ensuring that you do not spread it to others. The entire community's thoughts and prayers will be with you, and where we can, we are putting measures in place to try to assist and support those vulnerable or infected members of our community that need assistance at this tough time. If you are fortunate enough not to be infected, I encourage you to look after yourself and your family, both mentally, physically, emotionally and spiritually. STAY HOME!!! Take care of what's within your control and don't worry about the things you can't change. We as a residents association will continue to do what we can to help navigate our way through this unprecedented time by keeping you up to date with all official, legitimate and helpful information that we receive. Remember that this time will pass, in

the next year or so Covid-19 will be history. We have been gifted with a unique opportunity in this window of time where the entire world is being put on an involuntary pause. We can either choose to sit around, be miserable, complain about our lot and worry about our future, or we can embrace it, enjoy it and create memories with our loved ones that will last a lifetime. I encourage every Chartwellian to turn off the noise and enjoy the quiet. Here are some life hacks to help get you through Covid-19 Lockdown:

Media

Stay off or minimise social media, especially first thing in the morning
Get a reliable Covid-19 statistics app that doesn't come with the CNN/ Sky news/ ENCA hype and drama that is designed to suck you in.
Give yourself a 30min ration/ per day for watching the news (they normally repeat everything anyway)
Don't believe everything you read, hear and see.

Personal

Be kind to yourself
Get dressed every day, don't stay in pyjamas
Exercise, get yourself moving for at least 30 minutes a day
Keep your eating healthy
Keep some daily structure and routine, easier if you can still work from home
Spend time outside, enjoy our beautiful environment
Listen to the birds
If you're not working from home, start a project, make something or get a hobby
Read a book
Listen to music

Differentiate between the things you have control over and the things you don't. Act decisively on what you can and don't worry about what you can't control

Family

Love one another and be kind
Do things together as a family, play games, talk to each other
Limit screen time
Watch movies or series together as a family
Cook & eat meals together as a family
Call family and friends that don't live with you
Check up on your vulnerable family and friends

SECURITY NOTE FROM THE CCE

As we are currently in national lockdown, and SAPS is being stretched to a lot of other areas, we encourage residents to please be extra vigilant. Please note that ADT and other security companies will still be patrolling and active in the area. If you have any suspicious activity please contact your security company immediately. Don't take any prisoners as not everyone is abiding by the lockdown law.

TIPS FROM ADT

- Make sure to keep your doors locked and security gate closed
- If you have outdoor beams have them activated at all times
- Set your alarm even whilst you are at home, keeping you safe, protecting your assets

Disease Prevention



**STAY SAFE,
STAY AT HOME. .**

Disease Prevention



**Avoid touching your
eyes, nose and mouth.**

Disease Prevention



**Wash your hands
often with soap
and water for at least
20 seconds**

IMPORTANT CONTACT NUMBERS:

NATIONAL INSTITUTE FOR COMMUNICABLE DISEASES: 0800 029 999

GENDER-BASED VIOLENCE COMMAND CENTER: 0800 428 428

SUPPORT TO SMMEs IN DISTRESS: 0860 663 7867

SOUTH AFRICAN POLICE SERVICE: 08600 10111

NATIONAL CRISIS LINE: 0861 322 322

REPORTING UNDUE PRICE INCREASE: 0800 141 880
WHATSAPP: 060 012 3456

DEPARTMENT OF HOME AFFAIRS: 0800 601 190

DEPARTMENT OF WATER AFFAIRS: 0800 868 747

DEPARTMENT OF TOURISM: 0860 868 747

PRESIDENTIAL HOTLINE: 17737

Aunty Maureen tells:

AND HIS NAME WAS IAN

by Maureen Dalglish

Right from the start, Chartwell attracted some very colourful and odd residents. Perhaps it was because it was deemed to be far out of town and away from the law! But generally the type of person who was independent and had his own views on living, how to care for his own property, how to treat his neighbours and how to live free of regulations, was the type of "Plotnik" that most suited Chartwell.

One of these such characters was a dear old gentleman called Ian. Ian was born in England. His father, a doctor, decided to move to the South of France, but his two sons would have a proper English education and would remain as boarders at Harrow for their schooling. Ian, and brother Robert, subsequently travelled back and forth twice yearly for their school holidays with a luggage label around their necks – for which they never forgave their father. Needless to say, Harrow left its mark of a pucker English gentleman on Ian even though underneath all the trimmings he tended to become Chartwell's first cowboy/Rambo.

After retiring from his position as Mine Manager, he and his dear wife bought land in Chartwell. They were used to living in a large house and had over the years collected some wonderful large Cape Dutch furniture. The house they built in Chartwell using local labourers had to accommodate these pieces – the passage was wide, but not quite straight, but neither were the walls nor floors. And as the pelmets had been erected only after Ian had a couple of whiskeys, they weren't quite straight either.

Their enthusiasm however was quite infectious – they planted trees and fruit trees galore, every kind of vegetable – including asparagus, artichoke, raspberries and cucumbers. Prisoners were hired from Leeuwkop

Prison to dig and plant, and dig and plant again.

All this activity was initiated and overseen by Ian himself who during the day was never seen without his pipe – not being smoked much, but used for poking and pointing and he would forever be tapping it against the heel of his shoe.

At 5pm he would ring the school bell outside the kitchen door – and all work would close for the day and the labourers dismissed. Ian and his wife would then shower and change for dinner – Ian into a smart velvet smoking jacket and bow tie – and the whiskey tray would be brought into the lounge by the butler/cook in white suit with a red sash.

But there was another side to Ian – he loved excitement – someone in the area had garden chairs stolen so Ian would grab his hunting rifle, ring up a couple of his pals who also had firearms and they would all race about playing "cops and robbers" until the stolen chairs were found. Veld fires in winter were a dreadful problem in the early days of Chartwell when the entire area, apart from the river and wetland, was savannah grass, one metre high. Ian was well organised with drums of water and piles of wet sacks just waiting for a fire to occur. As soon as he saw or smelt smoke, he would again gather his pals together and they would fight the fire.

He decided, too, that as a warning to all potential thieves he would build a mini Rifle Range and would invite his fellow Rambos to practise shooting pumpkins! This exercise of course scared his neighbours, too, who were concerned that someday one of them would be shot.

It was a sad day indeed when we bade farewell to Ian – but his memory lives on and we tend to remember him when the present Chartwell Rambos race about hunting criminals.

CHARTWELL SOUP STATION

There is an incredible group of men and women from our Chartwell area who have come together and started an initiative called the War Room. During their time together on a Tuesday evening from 18h00 they either pray for the community's safety or every second Tuesday from 17h00 set up and serve soup to the people who walk past on Runnymede Road. To get to know more I decided to ask Deborah Greaves, the founder of the War Room and Soup Station a few questions.

QU: What is the War Room and soup station about or aim to do?

ANS: We started a prayer group called "War Room" about a year ago during a wave of crime in the area, in an effort to pray and release the protection of God over Chartwell, Farmall and the surrounding region. At that time we saw how the crime started to subside. For a year we have been praying for our community and trusting God for an open door to release His love in our neighbourhood. When the wave of crime started up again recently we decided it was time to conquer fear by releasing LOVE in our community. Which is where we are at currently.

QU: When and where do you set up the soup station?

ANS: We set up our station on the open veld on Runnymede Road between 2nd and 3rd road. But we can always move our station, we were hoping to test it out and that is where the Lord said to go. We will stay there until we feel a release to move to a busier place, perhaps further down Runnymede. We like to gather just after 5 pm every second Tuesday as that is when most of us can get there to serve. Then every alternative Tuesday we meet at my home to pray at 6pm. any one is free to join us.

QU: What made you and a few other Chartwellians get together to start the War Room and soup station?

ANS: As mentioned we wanted the community to be impacted by the LOVE of God.

QU: Do you plan to expand the War Room and soup station? Essentially with the covid 19 in SA now? And if so how?

ANS: Currently we have no plans to expand as it is self funded. But if God says to, we will. Here again we met fear and panic, on our last soup evening we had a guy walk past, after inviting him over, he asked politely " do you use sanitizer ?" I have to be honest it caught me off guard. But I'm relieved he was already thinking that way. So with that in mind, the way forward would be to have hand sanitizer available to all of us who serve and those who stop by. We will continue to serve and love, until we can't.

QU: Where do you live?

ANS: We all live in either Chartwell or Farmall, a friend comes from Douglasdale with her hubby to serve as well.

QU: How can other Chartwellians get involved or help out?

ANS: With winter on its way, we have discussed handing out scarves, new or old or hand made with love. We would also like to hand out new socks to everyone who comes past.

Things to donate:

Any surplus veggies from the gardeners out there and other ingredients to make the yummy healthy hot soups. Such as: root veggies, stock, meat, lentils, beans and pearl barley. Paper cups or reusable plastic cups. Winter clothes or gloves will be handed out too. Another possibility is handing out blankets, which may take a while to collect but we can always start collecting now. People can also come and volunteer to serve soup. Bread to go with the soup. Cash donations that will be used for anything that we need for our cause. Hand Sanitizer is definitely needed.

We are super excited about what God is releasing here in our region. The only way to conquer fear is to move in the

opposite spirit and that is love. Love covers a multitude of sins and hopefully will lead those who have brought fear and torment to repentance. Our hearts are for you all and we will continue to pray and stand firm in the Love that God has lavishly poured out on us all.

Please feel free to contact me Deborah on 0828560687 if you would like to get involved in any way or like to donate any of the items listed.

Thank you Everyone, stay safe and healthy during this time.

Due to the national lockdown that we are currently experiencing all War Room related events will be suspended and resume after the lockdown.



UP COMING EVENTS
IN CHARTWELL

APRIL

ALL UPCOMING
EVENTS
POSTPONED DUE
TO COVID-19

contact the relivant
organizers for more
infomation

BUSINESS DIRECTORY

<p>Hoopoe Haven Lodge We offer a variety of accommodations; spa, conferences, intimate functions, restaurant and meeting venue. Booking essential. Tel: 083 314 0987 Website: www.hoopohavenlodge.co.za</p> 	<p>Symbolic Ware (PTY) LTD Manufacturers of: metal & plastic name badges; cufflinks; tie slides; key rings; medals; school badges. Tel: 011 792 8777 Email: info@symware.co.za</p>  
<p>Maureen Dalglish Real Estate Professional Principal Agent (NQFS) Tel: 083 228 1753 Office: 011 708 328 3297 Email: dalglishm@mweb.co.za Website: www.dalglish.co.za</p> 	<p>Sinclair's Cakes, cupcakes, cookies for any occasion. No order too big or too small, lovingly custom crafted to help you create the most 'scrumptious' memories. Tel: 076 307 6613 Email: Sinclairspatisserie@outlook.com</p> 

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<p>Blue Leaf & Co. Graphic design company. Newsletters, flyers and any printing and stationery needs. Contact Hannah Warren on 071 199 7754 or blueleafandco@gmail.com</p>	<p>Leonard Looking for a part time gardening job. Contact Leonard on 062 066 4552</p>

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